

KAMARAJ COLLEGE (Autonomous)

Accredited with A+ Grade by NAAC

(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)

THOOTHUKUDI – 628 003

(5 Pages)

Reg. No:.....

Question Code No :25002908

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UG Degree - End Semester Examinations, November 2025

Second Semester

B.SC PHYSICAL EDUCATION

Organization Administration and Methods in Physical Education

(For those who joined in July 2024 onwards)

Time :3 Hours

Maximum : 75 Marks

PART – A (10 × 1 = 10 Marks)

Answer ALL Questions

Choose the correct answer :

1. Which of the following is essential for effective Physical Education administration?
 - (a) Random execution
 - (b) Proper planning
 - (c) Strict punishment
 - (d) Avoidance of rules
2. Physical Education is promoted in universities through:

- (a) CBSE (b) NAAC
(c) Sports Council (d) School Board
3. Which is a standard facility in a gymnasium?
(a) Swimming lane (b) Parallel bars
(c) Tennis court (d) Kabaddi mat
4. Which of the following is the correct measurement of a standard volleyball court?
(a) 20×10 meters (b) 16×8 meters
(c) 18×9 meters (d) 14×7 meters
5. Teaching aids help to:
(a) Confuse students (b) Waste time
(c) Enhance understanding (d) Replace the teacher
6. Which of the following is a light apparatus?
(a) Javelin (b) Shot put
(c) Wand (d) Goal post
7. Rhythmic activities improve:
(a) Calculation skills (b) Memory power
(c) Coordination and (d) Cooking ability
expression
8. “Stand at ease” command means:

- (a) Attention position (b) Standing relaxed with feet apart
- (c) Sit on the ground (d) Lie down

9. League tournaments are also known as:

- (a) Round robin (b) Knock-out
- (c) Friendly matches (d) Straight games

10. The main purpose of tournaments is to:

- (a) Waste time (b) Select best teams
- (c) Confuse players (d) Avoid training

PART – B (5X5=25 Marks)

Answer ALL Questions choosing either (a) or (b).

Answer should not exceed 250 words.

11. (a) Write a short note on the importance of administration in physical education.

(OR)

(b) Describe the role of physical education at the district level.

12. (a) Explain the care and maintenance of playfields.

(OR)

(b) Draw the layout and measurements of a basketball court.

13. (a) Write short notes on types of teaching aids.

(OR)

(b) What are the presentation techniques used in physical education?

14. (a) Describe the commands used in physical training.

(OR)

(b) Write a note on teaching minor games to school children.

15. (a) List the steps for drawing fixtures by using the bye system.

(OR)

(b) Explain the importance of combination tournaments in inter-school sports.

PART – C (5 X 8 = 40 Marks)

Answer ALL Questions choosing either (a) or (b).

Answer should not exceed 500 words.

16. (a) Discuss in detail the scheme of physical education at national level.

(OR)

(b) Explain the meaning and scope of organization and administration in physical education.

17. (a) Draw the layout of a hockey field with measurements.

(OR)

(b) Explain the methods of maintaining swimming pools and gymnasiums.

18. (a) Explain how Lezim and folk dance can be used in Physical Education programs.

(OR)

(b) Describe the methods of class organization and management.

19. (a) Explain the step-by-step teaching procedure for yoga and Suryanamaskar.

(OR)

(b) Describe various rhythmic activities taught in schools and their benefits.

20. (a) Draw fixtures for 6 teams and write short note on league method.

(OR)

(b) Describe the types of tournaments and their merits and demerits.